

# IGNITE

THE FUTURE

## 2023 NFHS BOYS' RULES PRESENTATION

Jim Carboneau, Rick Lake, Tra Waters, James Weaver



# AGENDA

- Points of Emphasis
  - Sportsmanship
  - Player Safety
  - Eyeshade
  - Faceoffs
  - Running Clock Penalties
- Major Rule Changes and Clarifications for 2023
  - Continuous Sidelines and End Lines
  - Adjustments to The Field Substitution Area and Coaches' Box
  - Updates to Pocket Requirements
  - Prohibited Crosse Protrusions
  - Clarification of Faceoff Exceptions
  - Clarification on Footwear
  - Status of the Goalie Outside of the Crease
  - Stalling Rules Clarification
  - Releasing Penalties during a Running Clock





# POINTS OF EMPHASIS



**IGNITE**  
THE FUTURE



# POINTS OF EMPHASIS

## SPORTSMANSHIP

- Good sporting behavior is one of the fundamental ingredients to the continued success and enjoyment of education-based high school sports and activities.
- Sportsmanship, or good sporting behavior, is about treating one another respectfully and exhibiting appropriate behavior.
- Coaches set the tone at athletic contests with their display of sportsmanship.
- Officials should focus on the actions of players, coaches, and other bench/sideline personnel
- A positive, open line of communication between officials and coaches ultimately results in a better contest for everyone involved





# POINTS OF EMPHASIS

## PLAYER SAFETY

Continued emphasis is needed regarding player safety rules, particularly wearing the helmet securely.

- The helmet should fit properly.
- The chin strap should be worn and safely secured as designed by the manufacturer.

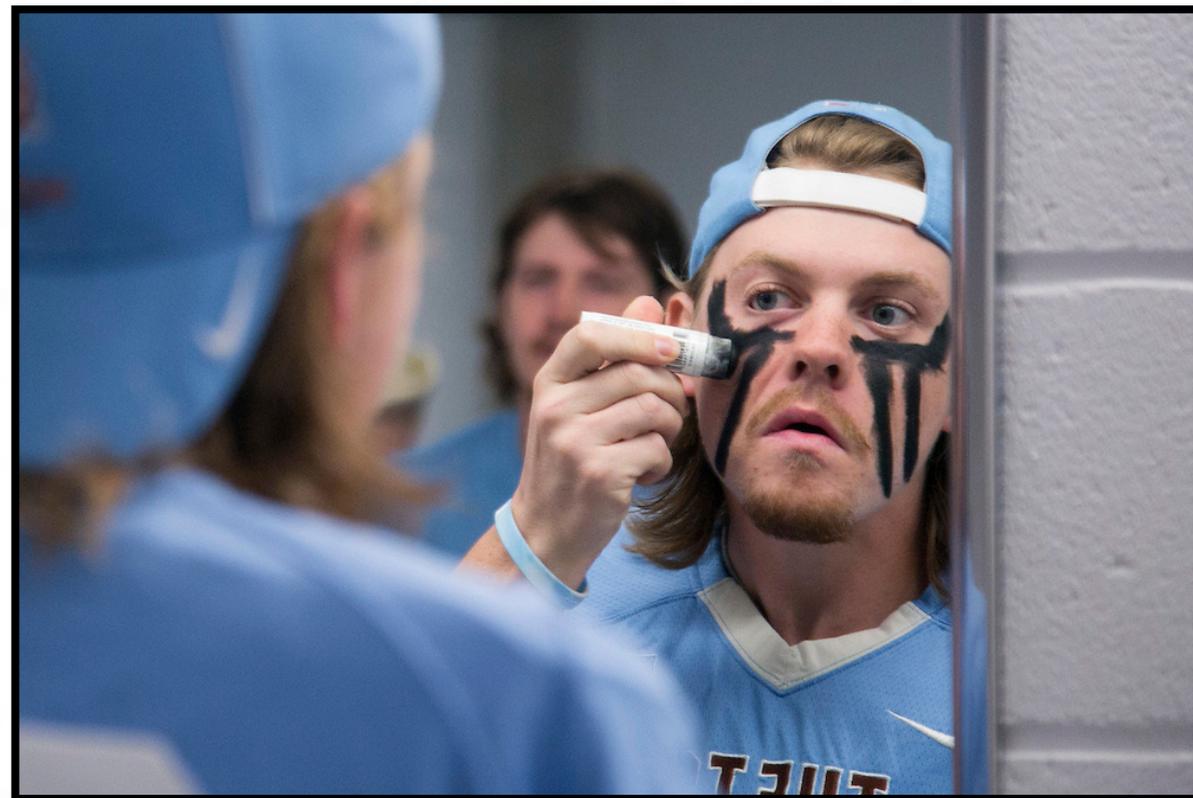




# POINTS OF EMPHASIS

## EYESHADE

The NFHS Boys Lacrosse Rules Committee has aligned with other sports to standardize the use of eyeshade. Eyeshade (grease or non-glare strips or stickers) shall be a solid stroke and may not include words, numbers, logos or other symbols.





# POINTS OF EMPHASIS

## FACEOFFS

Upon the whistle starting play, each player must attempt to play the ball first.

- A player may clamp the ball with the back of the stick, but it must be moved, raked or directed immediately.
- A player may not lie on the ball or trap it with the crosse longer than necessary to control the ball and pick it up with one continuous motion.





# POINTS OF EMPHASIS

## RUNNING CLOCK PENALTIES

Under a running clock when a penalty expires during a faceoff period, the player may not reenter the game until the faceoff is completed.





# MAJOR RULES CHANGES AND CLARIFICATIONS



**IGNITE**  
THE FUTURE

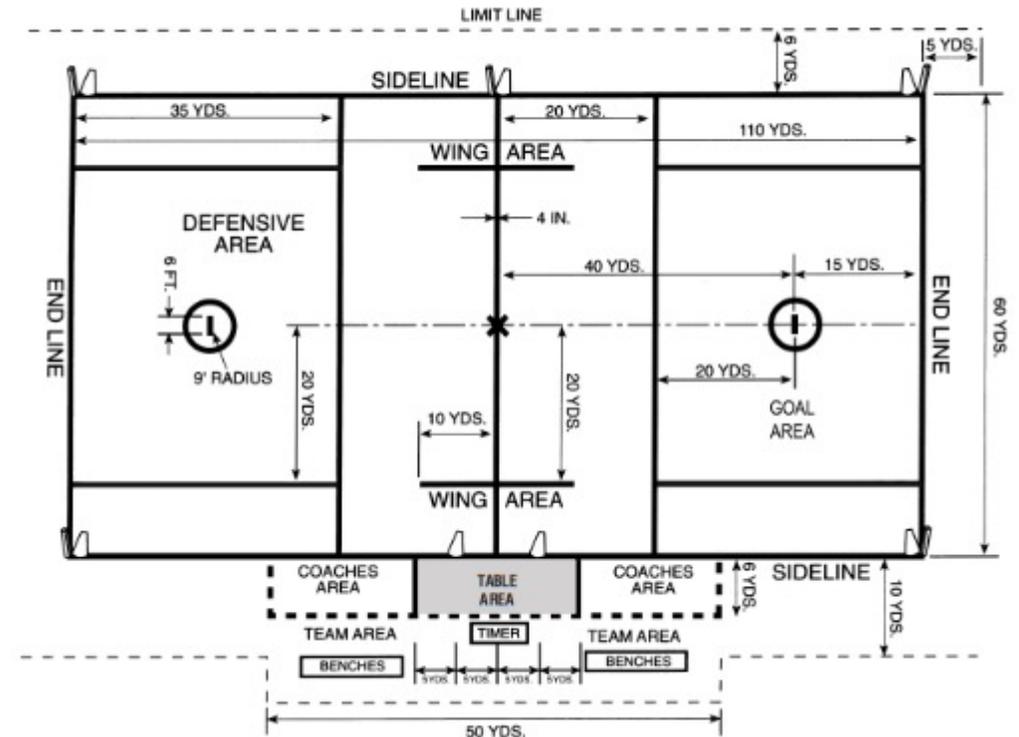


# RULE CHANGE

## RULE 1-2-1 CONTINUOUS SIDELINES AND END LINES

**PENALTY:** Failure to have a clearly marked center line that runs the entire width of the field, and continuous sidelines and end lines is an illegal procedure assessed against the home team.

**RESULT:** No faceoff and the away team take the first possession.





# RULE CHANGE

## RULE 1-2-7&8 THE SUBSTITUTION AREA AND COACHES BOX

The substitution area has been narrowed by five yards on either side of the midline and is bounded by the coaches area.

Note: A field diagram memo will be posted by the NFHS and on the USAL Rules page.





# RULE CHANGE

## RULE 1-7-1 UPDATES TO POCKET REQUIREMENTS

The pocket/net shall be completely attached to the head and the side walls, leaving no gaps larger than 1.68 inches in diameter (i.e., an American golf ball).





# RULE CHANGE

## RULE 1-8-1 PROHIBITED CROSSE PROTRUSIONS

- The crosse shall not have protrusions or sharp edges.
- Protrusions - The crosse shall not be able to hook on any part of the player's body, equipment, or helmet. The crosse shall not penetrate the lacrosse helmet face protector that has been certified to meet the NOCSAE standard at the time of manufacture.
- The NCAA, NFHS, and USA Lacrosse have adopted this definition of a protrusion.





# CLARIFICATION

## RULE 4-3-1 CLARIFICATION OF FACEOFF EXCEPTIONS

ART. 1 . . . Play shall be started at the beginning of each period and after each goal by facing the ball at the Center.

### EXCEPTIONS:

- Player-advantage or a flag down, creating a player advantage.
- Player or team commits a foul before any faceoff.
- Player at any faceoff delays resumption of play.
- Player moves the crosse or body after “set” is said, gaining an advantage.



Review New Situations K – N for Clarification on where play restarts.





# CLARIFICATION

## RULE 1-9-1 FOOTWEAR

Shoes shall be worn which are designed for the sport of lacrosse. Metal spikes are not permitted.

1.9.1 SITUATION C: Once the game has begun, A1 is discovered wearing non-conforming shoes with metal spikes. RULING: One-minute, non-releasable penalty on A1.





# CLARIFICATION

## RULE 4-5 TEAM POSSESSION

ART. 2 . . . Possession – When a player can perform any of the normal functions of control, such as carrying, cradling, passing or shooting, the player and team have possession.

4.5.3 SITUATION A: During normal play, A1 makes a pass to A2. While the ball is in flight, B1 commits (a) a technical foul or (b) a personal foul. RULING: In (a), the official calls out "play on" and the "play on" is over if the pass is completed. If the pass is not completed, award the ball to Team A. In (b), Flag down, slow whistle.





# CLARIFICATION

## RULE 4.27 - OFFICIAL'S TIME-OUTS

4.24.7 SITUATION: A1, in possession of the ball, is running down the field in Team A's attack half of the field; with no player from Team B near A1, A1 loses mandatory equipment.

RULING: The official should stop play immediately to prevent a potential injury, even if a scoring play is in progress.





# CLARIFICATION

## 4.24.1 GOALIES OUTSIDE OF THE CREASE

ART. 1 . . . An official may suspend play at the official's discretion. If a player loses any mandatory personal equipment in a scrimmage area or a player is apparently injured, play shall be suspended immediately. A goalkeeper, when outside the crease, is treated like a field player. If the official discovers a player who is apparently bleeding, has an open wound, or has any blood on the uniform, such player shall be considered an injured player.

ART. 8 . . . Play shall be suspended immediately if the goalkeeper's stick or any other mandatory goalkeeper's equipment becomes broken in the crease.





# CLARIFICATION

## **RULE 4.24.1 GOALIES OUTSIDE OF THE CREASE**

4.22.3 SITUATION C: A1 shoots at the goal and misses, and the ball goes out of bounds on the end line. A2 is on the end line near where the ball went out of bounds. Goalkeeper B1 leaves Team B's crease solely in an attempt to delay the restart by five seconds to allow Team B defense to regroup. Should the official allow B1 a maximum of five seconds to resume position?

**RULING:** No. The goalkeeper is given a maximum of five seconds to resume position only when the goalkeeper leaves the crease for a legitimate purpose.





# CLARIFICATION

## RULE 6.5.2 ILLEGAL PROCEDURE

6.5.2 SITUATION D: During the course of play, goalkeeper B1's stick becomes broken, or any other mandatory equipment becomes broken or dislodged.

RULING: The officials will stop play as soon as they notice the problem, ~~regardless of whether the goalkeeper is in or out of the~~ if the goalkeeper is in the crease.

However, if a shot is already in flight when the equipment becomes broken or dislodged, the shot will be allowed to come to its normal conclusion before the whistle blows to stop play.





# CLARIFICATION

## RULE 6-10-3 NEW STALLING SITUATION

6.10.3 SITUATION E: Team A, ahead by four goals or less, fulfills the initial 10-second count with under two minutes to play. A1 shoots on goal and the ball deflects off of the goal pipe and comes to rest within the goal area. A2 causes the ball to leave the goal area before gaining possession.

RULING: Stalling. Award ball to Team B.





# CLARIFICATION

## **RULE 7-2H RELEASE OF PENALTIES DURING A RUNNING CLOCK**

H. During running time, penalty time will start with the whistle resuming play after the penalty is administered. If there is time remaining on a non-releasable penalty when a goal is scored, the earliest the penalty will release is when the ensuing faceoff has been completed.





# QUESTIONS





# IGNITE

THE FUTURE

[Video](#)