



NCAA-NFHS/MIAA Rule Comparisons 2019

	NFHS/MIAA	NCAA
1 Mouth guard	Cover all upper or lower teeth	Cover all upper teeth
2 Glove color	No mention	Non-GK players must wear same team color
3 Substitution Area	10 yds each side of midline	5 yds each side of midline + 5 yards coaches area.
4 Mercy rule	Running time in 4th Q if lead is 12 or more (MIAA)	None
5 Violation during faceoff, after whistle but before possession	Possible play-on	Avoid play-on
6 Faceoff violation by Team B	No limit; could be releasable USC per NFHS 5-10-e	Limit of 2 per team per half, then penalty time
7 Goalie out of crease on stoppage	Goalie gets up to 5 seconds to return to crease	Immediate restart if other conditions are met
8 Defender is w/in 5 yards on restart	Player gets 5-count to move back or gets technical if he was within 5 when play stopped; technical foul if he was more than 5 yards away and ran in	Play restarts immediately. Defender must gain 5 yds.
9 Stoppage with ball in attack area	Restart outside attack area except for end line OOB or offensive technical	Quick restart for defense, moves out of box for offense or if there is a flag (one pass allowed)
10 Jewelry	Prohibited; 1:00 NR	Permitted unless deemed dangerous by officials
11 Player w/o required equip. other than crosse in scrimmage area	Stop play if player is in or enters scrimmage area. Ball awarded to team in possession or by AP (or to defense in alley for loose ball in crease)	Stop play. Technical foul to participate if ball is loose or player is from defense. For player from team in possession, no foul and team retains possession.
12 Stalling	"Get it in" and "Keep it in"	80-second shot clock procedure
13 Stalling during penalty situations	Stall warnings may be issued if team in possession is man up or man down	The shot clock procedure is not used when there is an uneven penalty situation
14 Last 2:00 of 4th quarter	Automatic stall warning for team in lead by 1-4 goals; immediate whistle for second flag in some circumstances	No automatic warning; shot clock
15 Defensive clearing counts and offensive counts	Twenty seconds to cross midfield, then ball must enter the attack area within 10 seconds	Twenty seconds to cross midfield, then shot must be taken within the 80 seconds
16 Over and Back	After the ball is touched in the goal area on the 10-sec. count	After 20-second elapsed in the 80-sec shot clock.
17 During timer subs, 20-sec. timer sounds; Team A has too many or too few players	Illegal procedure technical foul on Team A for too many or too few men on field	Illegal procedure for too many men; no mention of too few men (could result in silent play-on and delayed sub violation)
18 Second NR USC foul (same person)	Expulsion and 3:00 NR penalty	Usual penalty is assessed
19 Checks to the head and neck	Minimum 2:00 NR penalty	Minimum 1:00 NR penalty
20 Checking a defenseless player	Minimum 2:00 NR penalty	Could be 1:00-3:00 unnecessary roughness
21 Spearing Intentional Defenseless position check intentional, Targeting head/neck intentional	3 minute non-releasable, possible ejection	minimum 1:00 NR penalty
22 Tape on stick head	Not allowed for anyone taking a faceoff	Not allowed for anyone but goalie (3:00 NR foul)
23 Loose-ball personal foul	Immediate whistle and flag in all situations	Immediate whistle/flag if no flag already down; FDSW if already a flag down (both fouls on defense)
24 Conduct foul	Includes "any act considered misconduct" or trying to "interrupt or confuse" opponent's play	These clauses are not present
25 End of flag down	Play continues until any of the usual conditions for stopping play occurs or the defense gains possession, second flag down	Play continues until any of the usual conditions for stopping play occurs or the defense gains possession
26 Flag down; loose-ball foul by defense	Second flag down can stop play if scoring play is NOT imminent	Additional flags; play continues
27 Challenging the application of a rule by head coach	Permitted; if appeal denied, coach is charged TO (or technical) and may use remainder of TO	No mention; can speak with officials only during halftime
28 Timeouts	Live ball: can be called by offense anywhere on the field. Dead ball: either team can call.	Live ball: offense can call past restraining line. Dead ball: either team can call except on change of possession foul (then only offense).
29 Ball in back of head not on faceoff	Illegal if stuck	Can't pick up ball in back of head; can't be stuck.
30 Ejection	Player 3 min or coach 1 min nonreleasable	Player or coach 3 min nonreleasable
31 Dive Rule on shot	No diving, violation if lands in crease	diving allowed if not towards goal mouth
32 Non-goalie in Goal	Only properly equipped goalkeeper in goal	No mention